

Ken's Key Points – Amphetamines

Physical Effects of Amphetamines

- Countermeasure to fatigue
- Raises blood pressure, heart rate
- Lasts up to 12 hours
- Decreases appetite
- Can cause dizziness, fever, convulsions, blurred vision, loss of coordination
- Long-term use can cause acne, malnutrition and frequent illness
- Highly addictive

Mental and Emotional Effects of Amphetamines

- Cycles of highs and lows
- Restlessness
- Irritability
- Anxiety
- Panic
- Meth or ice users often exhibit violent or bizarre behavior

